

| Menus                                    | ARACHIDES | CELERI | CEREALES | CRUSTACES | FRUITS A COQUE | GLUTEN | SESAME | LAIT | LUPIN | MOLLUSQUE | MOUTARDE | ŒUFS | POISSONS | SOJA | SULFITES |
|--|-----------|--------|----------|-----------|----------------|--------|--------|------|-------|-----------|----------|------|----------|------|----------|
| <b>lundi 16 février 2026</b>             |           |        |          |           |                |        |        |      |       |           |          | P    |          | P    |          |
| Maquereaux à la moutarde                 |           |        |          |           |                |        |        |      |       |           |          |      |          |      |          |
| Dhall de lentilles bio locales           |           |        |          |           | P              | P      |        | P    |       |           |          | P    |          |      |          |
| Boulgour BIO pilaf                       |           |        |          |           |                | P      |        |      |       |           |          |      |          |      |          |
| Plateau de fromage                       |           |        |          |           | P              |        |        | P    |       |           |          |      |          |      |          |
| Fruit bio local                          |           |        |          |           |                |        |        |      |       |           |          |      |          |      |          |
| Pain LR                                  |           |        | P        |           |                | P      |        |      |       |           |          |      |          |      |          |
| <b>mardi 17 février 2026</b>             |           |        |          |           |                |        |        |      |       |           |          | P    |          |      |          |
| Carottes râpées bio (vinaigrette orange) |           |        |          |           |                | P      |        |      |       |           |          |      |          |      |          |
| Colombo de porc                          |           |        |          |           |                |        |        |      |       |           |          |      |          |      |          |
| Omelette bio                             |           |        |          |           |                |        |        | P    |       |           |          | P    |          |      |          |
| Printanière de légumes                   |           |        | P        |           |                | P      |        |      |       |           |          |      |          |      |          |
| Plateau de fromage                       |           |        |          |           |                |        |        | P    |       |           |          |      |          |      |          |
| Beignet aux pommes                       |           |        |          |           | P              | P      |        | P    |       |           |          | P    |          | P    |          |
| Pain LR                                  |           |        | P        |           |                | P      |        |      |       |           |          |      |          |      |          |
| <b>mercredi 18 février 2026</b>          |           |        |          |           |                |        |        | P    |       |           |          | P    | P        |      |          |
| Potage légumes                           |           | P      | P        |           |                |        |        |      |       |           |          |      |          |      |          |
| Croutillant au fromage                   |           |        | P        |           |                | P      |        | P    |       |           |          | P    | P        | P    |          |
| Brocolis au jus                          |           |        | P        |           |                | P      |        |      |       |           |          |      |          |      |          |
| Plateau de fromage                       |           |        |          |           |                |        |        | P    |       |           |          |      |          |      |          |
| Fruit                                    |           |        |          |           |                |        |        |      |       |           |          |      |          |      |          |
| Pain LR                                  |           |        | P        |           |                | P      |        |      |       |           |          |      |          |      |          |
| <b>jeudi 19 février 2026</b>             |           |        |          |           |                |        |        |      |       |           |          |      |          |      |          |
| Nems de légumes                          | T         | P      | T        | T         | T              | T      | T      | T    |       |           |          | P    | T        | P    |          |
| bœuf BIO aux oignons                     | P         | P      |          |           | P              |        | P      |      |       |           |          | P    |          | P    |          |
| Riz cantonais à la crevette              | P         | P      | P        |           | P              | P      | P      |      |       |           |          | P    | P        | P    |          |
| Yaourt aromatisé                         |           |        |          |           |                |        |        | P    |       |           |          |      |          |      |          |
| Biscuits du bohneur                      | T         |        | P        |           | T              |        |        | P    |       |           |          | P    |          |      |          |
| Pain LR                                  |           |        | P        |           |                | P      |        |      |       |           |          |      |          |      |          |
| <b>vendredi 20 février 2026</b>          |           |        |          |           |                |        |        |      |       |           |          | P    |          |      |          |
| Concombres bio vinaigrette               |           |        |          |           |                |        |        |      |       |           |          |      |          |      |          |
| Filet de lieu sauce curry                | P         |        | P        | P         | P              |        | P      |      |       | P         | P        | P    | P        |      |          |
| Pomme de terre sautées                   |           |        |          |           |                |        |        |      |       |           |          |      |          |      |          |
| Plateau de fromage                       |           |        |          |           |                |        |        | P    |       |           |          |      |          |      |          |
| Liégeois vanille                         |           |        |          |           |                |        |        | P    |       |           |          |      |          |      |          |
| Pain LR                                  |           |        | P        |           |                | P      |        |      |       |           |          |      |          |      |          |

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