

# PETIT DEJEUNER

Lundi 17 Novembre 2025

|               | ARACHIDE | CELERI | CRUSTACES | FRUITS A COQUE | GLUTEN | LAIT | LUPIN | MOLLUSQUES | MOUTARDE | OEUF | POISSON | SESAME | SOJA | SULFITES |
|---------------|----------|--------|-----------|----------------|--------|------|-------|------------|----------|------|---------|--------|------|----------|
| Yaourt nature |          |        |           |                |        | X    |       |            |          |      |         |        |      |          |
| Pain au Lait  |          |        |           | X              |        | X    |       |            | X        | X    |         | X      | X    |          |

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|                     | ARACHIDE            | CELERI | CRUSTACES | FRUITS A COQUE | GLUTEN | LAIT | LUPIN | MOLLUSQUES | MOUTARDE | OEUF | POISSON | SESAME | SOJA | SULFITES |
|---------------------|---------------------|--------|-----------|----------------|--------|------|-------|------------|----------|------|---------|--------|------|----------|
| Coco pops (cereale) | absence d'allergene |        |           |                |        |      |       |            |          |      |         |        |      |          |
| Lait Litre          |                     |        |           |                |        | X    |       |            |          |      |         |        |      |          |

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|----------------------|---------------------|--------|-----------|----------------|--------|------|-------|------------|----------|------|---------|--------|------|----------|
| Fromage "Kiri creme" |                     |        |           |                |        | X    |       |            |          |      |         |        |      |          |
| Jus d'orange         | absence d'allergene |        |           |                |        |      |       |            |          |      |         |        |      |          |
| Pain de mie nature   |                     |        |           |                |        | X    |       |            |          | X    |         |        | X    |          |

Jeudi 20 Novembre 2025

|               | ARACHIDE | CELERI | CRUSTACES | FRUITS A COQUE | GLUTEN | LAIT | LUPIN | MOLLUSQUES | MOUTARDE | OEUF | POISSON | SESAME | SOJA | SULFITES |
|---------------|----------|--------|-----------|----------------|--------|------|-------|------------|----------|------|---------|--------|------|----------|
| Corn Flakes   |          |        |           |                | X      |      |       |            |          |      |         |        |      |          |
| Lait chocolat |          | X      |           | X              | X      | X    |       |            |          | X    |         |        | X    | X        |

Vendredi 21 Novembre 2025

|                      | ARACHIDE            | CELERI | CRUSTACES | FRUITS A COQUE | GLUTEN | LAIT | LUPIN | MOLLUSQUES | MOUTARDE | OEUF | POISSON | SESAME | SOJA | SULFITES |
|----------------------|---------------------|--------|-----------|----------------|--------|------|-------|------------|----------|------|---------|--------|------|----------|
| Confiture fraise pot | absence d'allergene |        |           |                |        |      |       |            |          |      |         |        |      |          |
| Lait Litre           |                     |        |           |                |        | X    |       |            |          |      |         |        |      |          |
| Biscottes            |                     |        |           | X              |        | X    |       |            |          | X    |         | X      |      |          |

# DEJEUNER

Lundi 17 Novembre 2025

|                                         | ARACHIDE | CELERI | CRUSTAC<br>ES | FRUITS A<br>COQUE | GLUTEN | LAIT | LUPIN | MOLLUSQ<br>UES | MOUTARD<br>E | OEUF | POISSON | SESAME | SOJA | SULFITES |
|-----------------------------------------|----------|--------|---------------|-------------------|--------|------|-------|----------------|--------------|------|---------|--------|------|----------|
| Omelette Nature Bio                     |          |        |               |                   |        | X    |       |                |              | X    |         |        |      |          |
| Haricots vert persillés                 |          |        |               |                   | X      |      |       |                |              |      |         |        |      |          |
| Semoule au lait caramel                 |          |        |               |                   | X      | X    |       |                |              | X    |         |        |      |          |
| Baguette farine 1r maison               |          |        |               |                   | X      |      |       |                |              |      |         |        |      |          |
| Salade macédoine de légumes vinaigrette |          |        |               |                   |        |      |       |                | X            |      |         |        |      |          |

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[illegible]

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|                                | ARACHIDE            | CELERI | CRUSTAC<br>ES | FRUITS A<br>COQUE | GLUTEN | LAIT | LUPIN | MOLLUSQ<br>UES | MOUTARD<br>E | OEUF | POISSON | SESAME | SOJA | SULFITES |
|--------------------------------|---------------------|--------|---------------|-------------------|--------|------|-------|----------------|--------------|------|---------|--------|------|----------|
| Filet de colin aux corn flakes |                     | T      | T             | T                 | X      | X    |       | T              | X            | T    | X       | T      | T    |          |
| Ecrase de pomme de terre       |                     |        |               |                   |        | X    |       |                |              |      |         |        |      |          |
| Petit suisse nature + sucre    |                     |        |               |                   |        | X    |       |                |              |      |         |        |      |          |
| Fruit de saison 1              | absence d'allergene |        |               |                   |        |      |       |                |              |      |         |        |      |          |
| Baguette farine lr maison      |                     |        |               |                   | X      |      |       |                |              |      |         |        |      |          |
| Potage d'arblay                |                     | X      |               |                   |        | X    |       |                |              |      |         |        |      | X        |

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[illegible]

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|                                      | ARACHIDE            | CELERI | CRUSTAC<br>ES | FRUITS A<br>COQUE | GLUTEN | LAIT | LUPIN | MOLLUSQ<br>UES | MOUTARD<br>E | OEUF | POISSON | SESAME | SOJA | SULFITES |
|--------------------------------------|---------------------|--------|---------------|-------------------|--------|------|-------|----------------|--------------|------|---------|--------|------|----------|
| Nuggets de blé                       |                     | X      | X             |                   | X      | X    |       |                |              | X    | X       |        | X    |          |
| Poulet roti label rouge bac 2025     | absence d'allergene |        |               |                   |        |      |       |                |              |      |         |        |      |          |
| Gratin de brocolis et pomme de terre |                     | X      |               |                   | X      | X    |       |                |              |      |         |        |      |          |
| Chanteneige Bio 2023                 |                     |        |               |                   |        | X    |       |                |              |      |         |        |      |          |
| Flan vanille nappé caramel           |                     |        |               |                   |        | X    |       |                |              |      |         |        |      |          |
| Baguette farine lr maison            |                     |        |               |                   | X      |      |       |                |              |      |         |        |      |          |
| Salade betteraves Bio à la russe     |                     |        |               |                   |        |      |       |                | X            | X    |         |        |      | X        |

# GOUTER

Lundi 17 Novembre 2025

[illegible]

Mardi 18 Novembre 2025

|                                  | ARACHIDE            | CELERI | CRUSTAC<br>ES | FRUITS A<br>COQUE | GLUTEN | LAIT | LUPIN | MOLLUSQ<br>UES | MOUTARD<br>E | OEUF | POISSON | SESAME | SOJA | SULFITES |
|----------------------------------|---------------------|--------|---------------|-------------------|--------|------|-------|----------------|--------------|------|---------|--------|------|----------|
| Confiture fraise pot             | absence d'allergene |        |               |                   |        |      |       |                |              |      |         |        |      |          |
| Madeleine bretonne aux oeufs     |                     |        |               | X                 | X      | X    |       |                |              | X    |         |        |      |          |
| Lait Briquette                   |                     |        |               |                   |        | X    |       |                |              |      |         |        |      |          |
| Lait Litre                       |                     |        |               |                   |        | X    |       |                |              |      |         |        |      |          |
| Pain aux céréales tranché gouter |                     |        |               | T                 | X      |      |       |                |              | T    |         | T      |      |          |

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|--------------------------------------|---------------------|--------|---------------|-------------------|--------|------|-------|----------------|--------------|------|---------|--------|------|----------|
| Compote de pomme                     | absence d'allergene |        |               |                   |        |      |       |                |              |      |         |        |      |          |
| Jus d'orange Briquette               | absence d'allergene |        |               |                   |        |      |       |                |              |      |         |        |      |          |
| Pain au Lait                         |                     |        |               | X                 |        | X    |       |                | X            | X    |         | X      | X    |          |
| Pain au lait aux pépites de chocolat |                     |        |               |                   | X      | X    |       |                |              | X    |         |        | T    |          |
| Pâte à tartiner Nutella individuelle |                     |        |               | X                 |        | X    |       |                |              |      |         |        | X    |          |
| Sirop de grenadine                   | absence d'allergene |        |               |                   |        |      |       |                |              |      |         |        |      |          |

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|---------------------------------|---------------------|--------|-----------|----------------|--------|------|-------|------------|----------|------|---------|--------|------|----------|
| Fruit de saison 1 "gouter" 2023 | absence d'allergene |        |           |                |        |      |       |            |          |      |         |        |      |          |
| Barre Bretonne                  |                     |        |           | X              | X      | X    |       |            |          | X    |         |        |      |          |
| Lait Briquette                  |                     |        |           |                |        | X    |       |            |          |      |         |        |      |          |
| Lait Litre                      |                     |        |           |                |        | X    |       |            |          |      |         |        |      |          |