

# DEJEUNER

Lundi 15 Septembre 2025

|                                          | ARACHIDE            | CELERI | CRUSTAC<br>ES | FRUITS A<br>COQUE | GLUTEN | LAIT | LUPIN | MOLLUSQ<br>UES | MOUTARD<br>E | OEUF | POISSON | SESAME | SOJA | SULFITES |
|------------------------------------------|---------------------|--------|---------------|-------------------|--------|------|-------|----------------|--------------|------|---------|--------|------|----------|
| Emincé de poulet label rouge sauce crème |                     |        |               |                   |        | X    |       |                |              |      |         |        |      |          |
| Emincé végétal sauce basquaise           | absence d'allergene |        |               |                   |        |      |       |                |              |      |         |        |      |          |
| Pizza au thon "Plat"                     |                     |        |               |                   | X      | X    |       |                |              |      | X       |        |      |          |
| Coquille Bio au beurre                   |                     |        |               |                   | X      |      |       |                |              |      |         |        |      |          |
| Poêlée de champignons                    |                     |        |               |                   |        | X    |       |                |              |      |         |        |      | X        |
| Faisselle + sucre                        |                     |        |               |                   |        | X    |       |                |              |      |         |        |      |          |
| Plateaux de fromage                      |                     |        |               |                   |        | X    |       |                |              |      |         |        |      |          |
| Yaourt aux Fruits                        |                     |        |               |                   |        | X    |       |                |              |      |         |        |      |          |
| Yaourt Bio à la vanille                  |                     |        |               |                   |        | X    |       |                |              |      |         |        |      |          |
| Yaourt Nature Bio CE                     |                     |        |               |                   |        | X    |       |                |              |      |         |        |      |          |
| Crème aux oeufs vanille                  |                     |        |               |                   | X      | X    |       |                |              | X    |         |        |      |          |
| Eclair au café                           |                     |        |               | X                 | X      | X    |       |                |              | X    |         |        | X    |          |
| Fruit de saison 1                        | absence d'allergene |        |               |                   |        |      |       |                |              |      |         |        |      |          |
| Pain Individuel                          |                     |        |               | T                 | X      | T    |       |                |              | T    |         | T      |      |          |
| Macedoine à la russe                     |                     |        |               |                   |        |      |       |                | X            | X    |         |        |      | X        |
| Salade bar à composer                    |                     |        |               |                   |        | X    |       |                | X            | X    | X       |        |      |          |
| Salade de pomme de terre au thon         |                     |        |               |                   |        |      |       |                | X            |      | X       |        |      |          |

Mardi 16 Septembre 2025

|                                             | ARACHIDE            | CELERI | CRUSTAC<br>ES | FRUITS A<br>COQUE | GLUTEN | LAIT | LUPIN | MOLLUSQ<br>UES | MOUTARD<br>E | OEUF | POISSON | SESAME | SOJA | SULFITES |
|---------------------------------------------|---------------------|--------|---------------|-------------------|--------|------|-------|----------------|--------------|------|---------|--------|------|----------|
| Entrecôte de boeuf sauce roquefort          |                     |        |               |                   |        | X    |       |                |              |      |         |        |      |          |
| Filet de hoki sauce forestiere bac 2025     |                     | X      | X             |                   | X      | X    |       | X              |              | X    | X       |        |      |          |
| Courgettes sautées ail et thym              | absence d'allergene |        |               |                   |        |      |       |                |              |      |         |        |      |          |
| Frites fraîches                             | absence d'allergene |        |               |                   |        |      |       |                |              |      |         |        |      |          |
| Crème dessert au chocolat                   |                     |        |               |                   |        | X    |       |                |              |      |         |        | X    |          |
| Fruit de saison Bio                         | absence d'allergene |        |               |                   |        |      |       |                |              |      |         |        |      |          |
| Tarte aux pommes                            | X                   |        |               | X                 | X      | X    |       |                |              | X    |         |        |      |          |
| Pain Individuel                             |                     |        |               | T                 | X      | T    |       |                |              | T    |         | T      |      |          |
| Concombre vinaigrette                       |                     |        |               |                   |        |      |       |                | X            |      |         |        |      |          |
| Rillettes de porc Label Rouge et cornichons |                     |        |               |                   |        |      |       |                | X            |      |         |        |      | X        |

Mercredi 17 Septembre 2025

|                              | ARACHIDE            | CELERI | CRUSTAC<br>ES | FRUITS A<br>COQUE | GLUTEN | LAIT | LUPIN | MOLLUSQ<br>UES | MOUTARD<br>E | OEUF | POISSON | SESAME | SOJA | SULFITES |
|------------------------------|---------------------|--------|---------------|-------------------|--------|------|-------|----------------|--------------|------|---------|--------|------|----------|
| Omelette Nature Bio          |                     |        |               |                   |        | X    |       |                |              | X    |         |        |      |          |
| Pizza 4 saisons              |                     |        |               |                   | X      | X    |       |                |              |      |         |        |      |          |
| Sauté de boeuf Bio mironton  |                     |        |               |                   | X      | X    |       |                |              |      |         |        |      | X        |
| Gnocchis au beurre           |                     |        |               | X                 | X      | X    |       |                |              | X    |         | X      | X    |          |
| Julienne de légumes au jus   |                     | X      |               |                   |        |      |       |                |              |      |         |        |      |          |
| Crème dessert pistache       |                     |        |               |                   |        | X    |       |                |              |      |         |        |      |          |
| Pastèque                     | absence d'allergene |        |               |                   |        |      |       |                |              |      |         |        |      |          |
| Tarte Citron meringuée       |                     |        |               | X                 | X      | X    |       |                |              | X    |         |        | X    |          |
| Pain Individuel              |                     |        |               | T                 | X      | T    |       |                |              | T    |         | T      |      |          |
| Salade bar à composer        |                     |        |               |                   |        | X    |       |                | X            | X    | X       |        |      |          |
| Salade de maïs et surimi     |                     | X      | X             | X                 | X      | X    |       |                | X            | X    | X       |        | X    |          |
| Terrine de poisson et citron |                     |        | X             |                   | X      | X    |       | X              | X            | X    | X       | X      |      | X        |

Jeudi 18 Septembre 2025

|                                 | ARACHIDE            | CELERI | CRUSTAC<br>ES | FRUITS A<br>COQUE | GLUTEN | LAIT | LUPIN | MOLLUSQ<br>UES | MOUTARD<br>E | OEUF | POISSON | SESAME | SOJA | SULFITES |
|---------------------------------|---------------------|--------|---------------|-------------------|--------|------|-------|----------------|--------------|------|---------|--------|------|----------|
| Bavette sauce poivre vert       |                     |        |               |                   |        | X    |       |                |              |      |         |        |      |          |
| Marée du jour sauce oseille     |                     | X      | X             |                   | X      | X    |       | X              |              | X    | X       |        |      |          |
| Frites fraîches                 | absence d'allergene |        |               |                   |        |      |       |                |              |      |         |        |      |          |
| Petit pois à la française       |                     |        |               |                   |        | X    |       |                |              |      |         |        |      |          |
| Fruit de saison 1               | absence d'allergene |        |               |                   |        |      |       |                |              |      |         |        |      |          |
| Semoule au lait vanille/caramel |                     |        |               |                   | X      | X    |       |                |              | X    |         |        |      |          |
| Tiramisu au café                |                     |        |               |                   |        | X    |       |                |              |      |         |        |      |          |
| Pain Individuel                 |                     |        |               | T                 | X      | T    |       |                |              | T    |         | T      |      |          |
| Museau de boeuf à la Lyonnaise  |                     |        |               |                   |        |      |       |                | X            |      |         |        |      |          |
| Tomate mozzarella               |                     |        |               |                   |        | X    |       |                | X            |      |         |        |      |          |

Vendredi 19 Septembre 2025

|                                          | ARACHIDE            | CELERI | CRUSTAC<br>ES | FRUITS A<br>COQUE | GLUTEN | LAIT | LUPIN | MOLLUSQ<br>UES | MOUTARD<br>E | OEUF | POISSON | SESAME | SOJA | SULFITES |
|------------------------------------------|---------------------|--------|---------------|-------------------|--------|------|-------|----------------|--------------|------|---------|--------|------|----------|
| Filet de poisson meunière / citron       |                     | T      | X             | T                 | X      | X    |       | T              | T            | X    | X       | T      | T    |          |
| Pizza Napolitaine                        |                     |        |               |                   | X      | X    |       |                | X            |      | X       |        |      |          |
| Saute de dinde sauce forestiere bac 2025 |                     |        |               |                   |        | X    |       |                |              |      |         |        |      |          |
| Lentilles verte bio local au jus         |                     |        |               | X                 | X      | X    |       |                | X            |      |         |        |      |          |
| Riz basmati Bio                          | absence d'allergene |        |               |                   |        |      |       |                |              |      |         |        |      |          |
| Liégeois chocolat                        |                     |        |               |                   |        | X    |       |                |              |      |         |        |      |          |
| Pain perdu et crème anglaise             |                     |        |               |                   | X      | X    |       |                |              | X    |         |        |      |          |
| Pomme cuite au caramel                   | absence d'allergene |        |               |                   |        |      |       |                |              |      |         |        |      |          |
| Pain Individuel                          |                     |        |               | T                 | X      | T    |       |                |              | T    |         | T      |      |          |
| Avocat vinaigrette                       |                     |        |               |                   |        |      |       |                | X            |      |         |        |      | X        |
| Sardine à l'huile/citron "Entrée"        |                     |        |               |                   |        |      |       |                |              |      | X       |        |      |          |