

# DEJEUNER

Lundi 21 Juillet 2025

|                                      | ARACHIDE            | CELERI | CRUSTAC<br>ES | FRUITS A<br>COQUE | GLUTEN | LAIT | LUPIN | MOLLUSQ<br>UES | MOUTARD<br>E | OEUF | POISSON | SESAME | SOJA | SULFITES |
|--------------------------------------|---------------------|--------|---------------|-------------------|--------|------|-------|----------------|--------------|------|---------|--------|------|----------|
| Cote de porc sauce moutarde 2023     |                     |        |               |                   | X      | X    |       |                | X            |      |         |        |      | X        |
| Filet de colin sauce aux agrumes     |                     | X      | X             |                   | X      | X    |       | X              |              | X    | X       |        |      |          |
| Gnocchis au beurre                   |                     |        |               | X                 | X      | X    |       |                |              | X    |         | X      | X    |          |
| Ratatouille Bio                      |                     |        |               |                   |        | X    |       |                |              |      |         |        |      |          |
| Faisselle + sucre                    |                     |        |               |                   |        | X    |       |                |              |      |         |        |      |          |
| Plateaux de fromage                  |                     |        |               |                   |        | X    |       |                |              |      |         |        |      |          |
| Yaourt aux Fruits                    |                     |        |               |                   |        | X    |       |                |              |      |         |        |      |          |
| Yaourt Bio à la vanille              |                     |        |               |                   |        | X    |       |                |              |      |         |        |      |          |
| Yaourt Nature Bio CE                 |                     |        |               |                   |        | X    |       |                |              |      |         |        |      |          |
| Melon vert                           | absence d'allergene |        |               |                   |        |      |       |                |              |      |         |        |      |          |
| Mousse de marron                     |                     |        |               |                   |        | X    |       |                |              |      |         |        |      |          |
| Tarte tropézienne                    |                     |        |               | X                 | X      | X    |       |                |              | X    |         |        | X    |          |
| Pain Individuel                      |                     |        |               | T                 | X      | T    |       |                |              | T    |         | T      |      |          |
| Salade de tomate et maïs vinaigrette |                     |        |               |                   |        |      |       |                | X            |      |         |        |      |          |
| Salade verte melee "Entrée"          |                     |        |               |                   |        |      |       |                | X            |      |         |        |      |          |
| Tarte au fromage "Entrée"            |                     | T      | T             |                   | X      | X    |       | T              | T            | X    |         |        |      |          |

Mardi 22 Juillet 2025

|                                        | ARACHIDE            | CELERI | CRUSTAC<br>ES | FRUITS A<br>COQUE | GLUTEN | LAIT | LUPIN | MOLLUSQ<br>UES | MOUTARD<br>E | OEUF | POISSON | SESAME | SOJA | SULFITES |
|----------------------------------------|---------------------|--------|---------------|-------------------|--------|------|-------|----------------|--------------|------|---------|--------|------|----------|
| Entrecote sauce béarnaise              |                     |        |               |                   |        | X    |       |                |              | X    |         |        |      |          |
| Marée du jour sauce bretonne           |                     | X      | X             |                   | X      | X    |       | X              |              | X    | X       |        |      | X        |
| Frite four 9/9 cc 2023                 | absence d'allergene |        |               |                   |        |      |       |                |              |      |         |        |      |          |
| Poêlée de champignons                  |                     |        |               |                   |        | X    |       |                |              |      |         |        |      | X        |
| Abricot Bio                            | absence d'allergene |        |               |                   |        |      |       |                |              |      |         |        |      |          |
| Liégeois chocolat                      |                     |        |               |                   |        | X    |       |                |              |      |         |        |      |          |
| Tarte aux figues                       |                     |        |               | X                 | X      | X    |       |                |              | X    |         |        |      |          |
| Pain Individuel                        |                     |        |               | T                 | X      | T    |       |                |              | T    |         | T      |      |          |
| Jambon de bayonne + cornichons         |                     |        |               |                   |        | X    |       |                | X            |      |         |        |      | X        |
| Salade de haricot vert Bio vinaigrette |                     | X      |               |                   |        |      |       |                | X            |      |         |        |      |          |
| Salade verte melee "Entrée"            |                     |        |               |                   |        |      |       |                | X            |      |         |        |      |          |

Mercredi 23
 Juillet 2025

|                                           | ARACHIDE            | CELERI | CRUSTACES | FRUITS A COQUE | GLUTEN | LAIT | LUPIN | MOLLUSQUES | MOUTARDE | OEUF | POISSON | SESAME | SOJA | SULFITES |
|-------------------------------------------|---------------------|--------|-----------|----------------|--------|------|-------|------------|----------|------|---------|--------|------|----------|
| Emincé de boeuf Label Rouge aux olives    |                     |        |           |                | X      |      |       |            |          |      |         |        |      |          |
| Omelette Nature Bio                       |                     |        |           |                |        | X    |       |            |          | X    |         |        |      |          |
| Haricots vert Bio persillés               |                     | X      |           |                |        |      |       |            |          |      |         |        |      |          |
| Pomme de terre sautées                    | absence d'allergene |        |           |                |        |      |       |            |          |      |         |        |      |          |
| Pomme cuite au caramel                    | absence d'allergene |        |           |                |        |      |       |            |          |      |         |        |      |          |
| Riz au lait caramel                       |                     |        |           |                | X      | X    |       |            |          | X    |         |        |      |          |
| Tarte multifruits cc 2023                 |                     |        |           | X              | X      | X    |       |            |          | X    |         |        |      |          |
| Pain Individuel                           |                     |        |           | T              | X      | T    |       |            |          | T    |         | T      |      |          |
| Salade d'artichauts et tomate vinaigrette |                     |        |           |                |        |      |       |            | X        |      |         |        |      |          |
| Salade verte melee "Entrée"               |                     |        |           |                |        |      |       |            | X        |      |         |        |      |          |
| Taboulé à l'orientale                     |                     | X      | T         | T              | X      | T    |       | T          | T        | T    |         |        | T    | T        |

Jeudi 24
 Juillet 2025

|                             | ARACHIDE            | CELERI | CRUSTACES | FRUITS A COQUE | GLUTEN | LAIT | LUPIN | MOLLUSQUES | MOUTARDE | OEUF | POISSON | SESAME | SOJA | SULFITES |
|-----------------------------|---------------------|--------|-----------|----------------|--------|------|-------|------------|----------|------|---------|--------|------|----------|
| Bavette sauce échalote      |                     |        |           |                |        | X    |       |            |          |      |         |        |      | X        |
| Marée du jour sauce cajun   |                     | X      | X         |                | X      | X    |       | X          | X        | X    | X       |        |      | X        |
| Carottes fondantes          | absence d'allergene |        |           |                |        |      |       |            |          |      |         |        |      |          |
| Frite four 9/9 cc 2023      | absence d'allergene |        |           |                |        |      |       |            |          |      |         |        |      |          |
| Fruit de saison BIO         | absence d'allergene |        |           |                |        |      |       |            |          |      |         |        |      |          |
| Petit suisse aux fruits     |                     |        |           |                |        | X    |       |            |          |      |         |        |      |          |
| Tarte aux pommes            | X                   |        |           | X              | X      | X    |       |            |          | X    |         |        |      |          |
| Pain Individuel             |                     |        |           | T              | X      | T    |       |            |          | T    |         | T      |      |          |
| Onions rings "Entrée"       |                     |        |           |                | X      |      |       |            |          |      |         |        |      |          |
| Salade verte melee "Entrée" |                     |        |           |                |        |      |       |            | X        |      |         |        |      |          |
| Tomate mozzarella           |                     |        |           |                |        | X    |       |            | X        |      |         |        |      |          |

Vendredi 25 Juillet 2025

|                                          | ARACHIDE            | CELERI | CRUSTAC<br>ES | FRUITS A<br>COQUE | GLUTEN | LAIT | LUPIN | MOLLUSQ<br>UES | MOUTARD<br>E | OEUF | POISSON | SESAME | SOJA | SULFITES |
|------------------------------------------|---------------------|--------|---------------|-------------------|--------|------|-------|----------------|--------------|------|---------|--------|------|----------|
| Filet de poisson meunière / citron       |                     | T      | X             | T                 | X      | X    |       | T              | T            | X    | X       | T      | T    |          |
| Poulet Rôti Label Rouge                  | absence d'allergene |        |               |                   |        |      |       |                |              |      |         |        |      |          |
| Brocolis au jus                          |                     | X      |               |                   |        |      |       |                |              |      |         |        |      |          |
| Spaghetti bio + fromage râpé "Garniture" |                     |        |               |                   | X      | X    |       |                |              |      |         |        |      |          |
| Mousse au citron                         |                     |        |               |                   |        | X    |       |                |              |      |         |        |      |          |
| Pastèque                                 | absence d'allergene |        |               |                   |        |      |       |                |              |      |         |        |      |          |
| Pâtisserie "forêt noire"                 |                     |        |               | T                 | X      | X    |       |                |              | X    |         |        | X    |          |
| Pain Individuel                          |                     |        |               | T                 | X      | T    |       |                |              | T    |         | T      |      |          |
| Salade de carotte râpée aux raisins      |                     |        |               |                   |        |      |       |                | X            |      |         |        |      |          |
| Salade verte melee "Entrée"              |                     |        |               |                   |        |      |       |                | X            |      |         |        |      |          |
| Tarte légumes du soleil "Entrée"         |                     | T      | T             |                   | X      | X    |       | T              | T            | X    | T       |        |      |          |